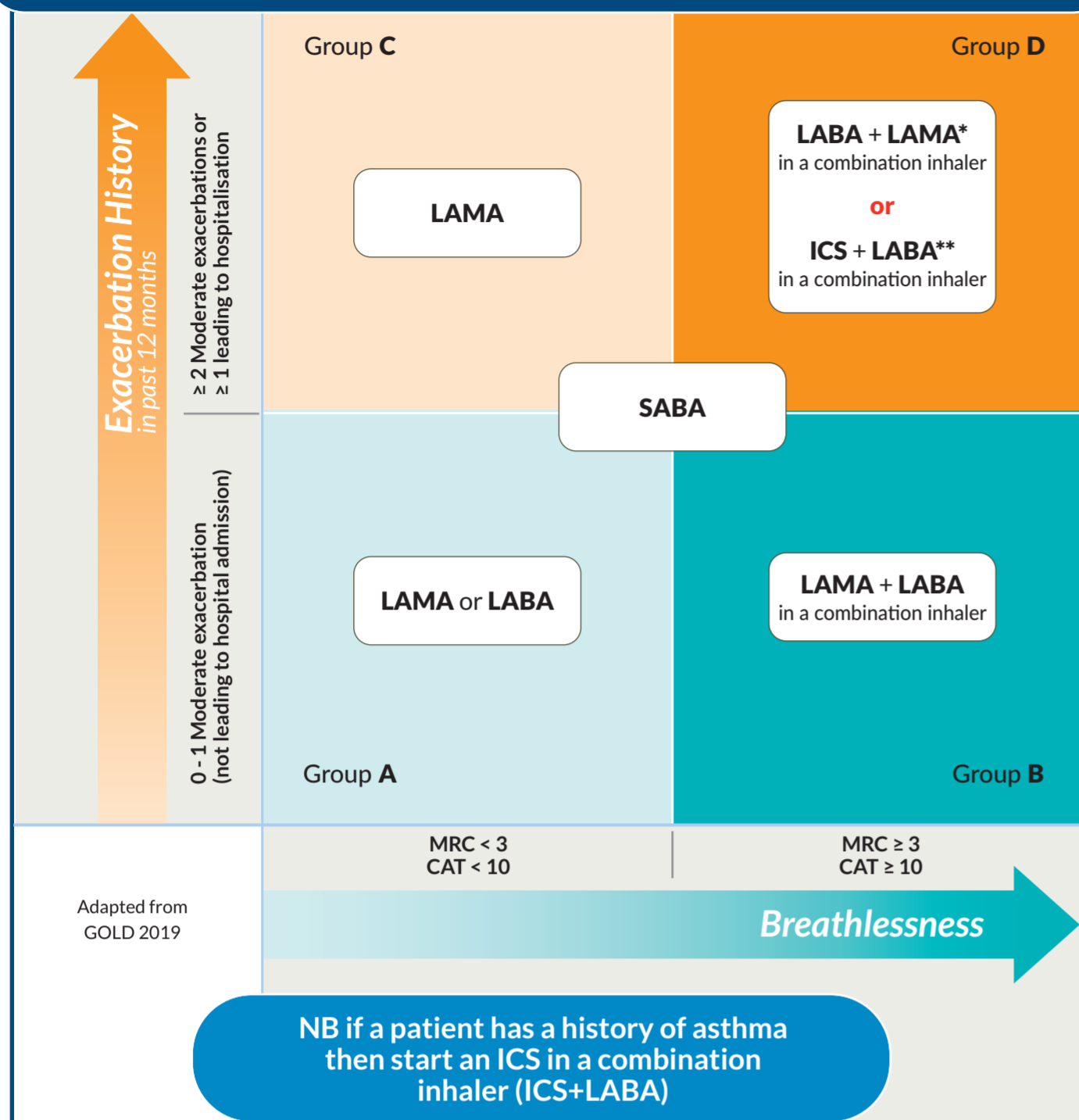


CHRONIC OBSTRUCTIVE PULMONARY DISEASE

Prescribe by brand

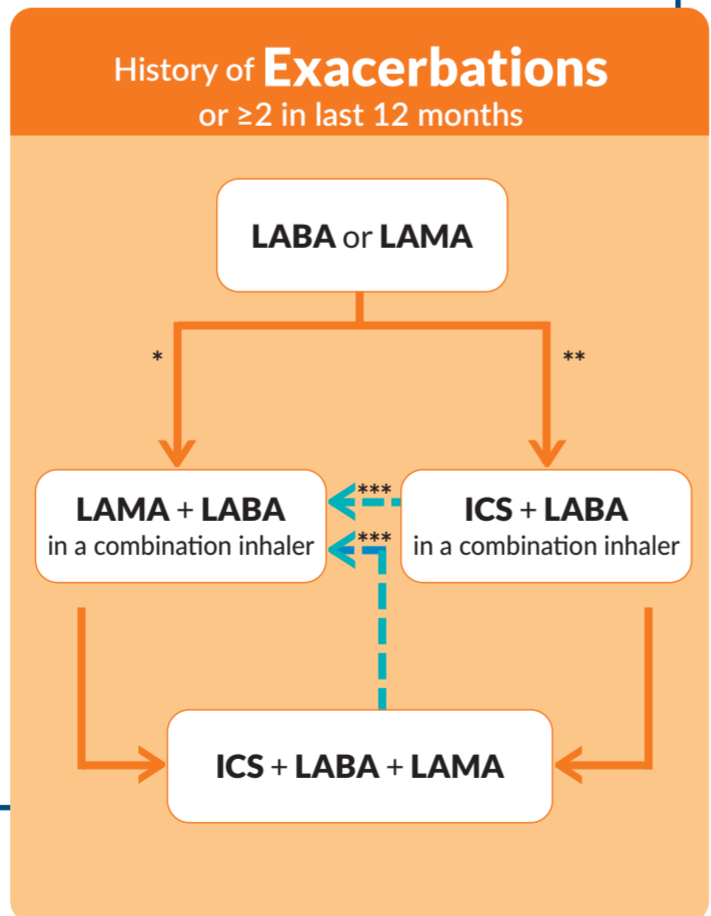
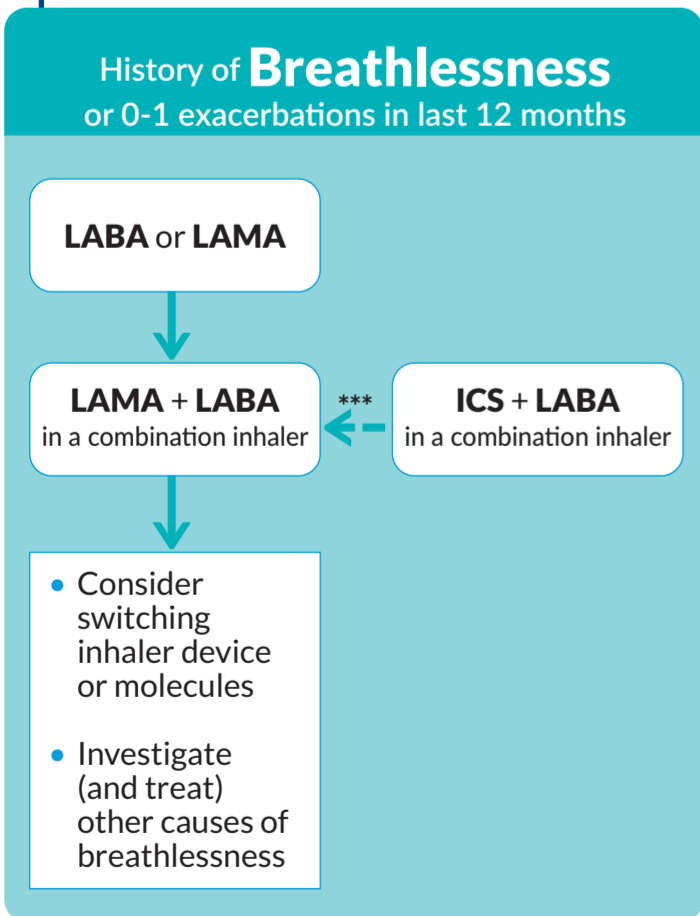
Initial Treatment at Diagnosis - ABCD



- Flu & Pneumonia Vaccination
- Smoking cessation
- Pulmonary rehabilitation
- Anxiety & depression
- Exercise
- Dietary advice
- Compliance & Inhaler technique
- Use a spacer with an MDI

Follow Up Treatment (Whether early after Initial Treatment or after years of follow up)

- 1 IF RESPONSE TO INITIAL TREATMENT IS APPROPRIATE - MAINTAIN IT
 - 2 IF NOT - see below - ASSESS - ADJUST - REVIEW
- These recommendations do not depend on the ABCD Assessment at Diagnosis



* Consider if highly symptomatic
 ** Consider if EOS ≥300 or a history of asthma
 *** Consider de-escalation of ICS or switch if pneumonia, inappropriate original indication or lack of response to ICS

SHORT ACTING BRONCHODILATORS

SABA Short Acting Beta₂ Agonists

Salbutamol MDI
100 micrograms

Two puffs as required
Salbutamol

Salamol Easi-Breathe MDI
100 micrograms

Two puffs as required
Salbutamol

Bricanyl Turbuhaler
500 micrograms

One puff as required
Terbutaline

LONG ACTING BRONCHODILATORS

Prescribe by brand

LAMA Long Acting Muscarinic Antagonist

Spiriva Respimat
2.5 micrograms

Two puffs once daily
Tiotropium

Eklira Genuair
322 micrograms

One puff twice daily
Aclidinium Bromide

Incruse Ellipta
55 micrograms

One puff once daily
Umeclidinium

REMEMBER: when you start a LAMA then STOP SAMA

LAMA + LABA in a combination inhaler

Spiolto Respimat
2.5/2.5

Two puffs once daily
Tiotropium / Olodaterol

Duaklir Genuair
340/12

One puff twice daily
Aclidinium / Formoterol

Anora Ellipta
55/22

One puff once daily
Umeclidinium / Vilanterol

REMEMBER: When you start a LABA+LAMA combination inhaler Then STOP LABA or LAMA in separate inhalers

INHALED CORTICOSTEROIDS (ICS) in a combination Inhaler

Prescribe by brand

ICS + LABA in a combination inhaler

Fostair MDI
100/6

Two puffs twice daily
Beclometasone / Formoterol

Licensed if FEV₁ < 50%

Symbicort MDI
200/6

Two puffs twice daily
Budesonide / Formoterol

Licensed if FEV₁ < 70%

Symbicort Turbuhaler
400/12

One puff twice daily
Budesonide / Formoterol

Licensed if FEV₁ < 70%

Fostair Nexthaler
100/6

Two puffs twice daily
Beclometasone / Formoterol

Licensed if FEV₁ < 50%

Relvar Ellipta
92/22

One puff once daily
Fluticasone Furoate / Vilanterol

Licensed if FEV₁ < 70%

ICS + LABA+LAMA in a combination inhaler

Trimbow MDI
87/5/9

Two puffs twice daily
Beclometasone / Formoterol / Glycopyrronium

Trelegy Ellipta
92/55/22

One puff once daily
Fluticasone Furoate / Umeclidinium / Vilanterol

REMEMBER: when you start a (ICS+LABA) or (ICS+LABA+LAMA) in a combination inhaler then STOP LABA & / or LAMA separate inhaler

KEY	SABA - Short Acting Beta ₂ Agonist	ICS - Inhaled Corticosteroids	MRC - Medical Research Council Breathlessness Score
	SAMA - Short Acting Muscarinic Antagonist	MDI - Metered Dose Inhaler	CAT - COPD Assessment Test
	LABA - Long Acting Beta ₂ Agonist	EOS - Blood Eosinophil Count	
	LAMA - Long Acting Muscarinic Antagonist		