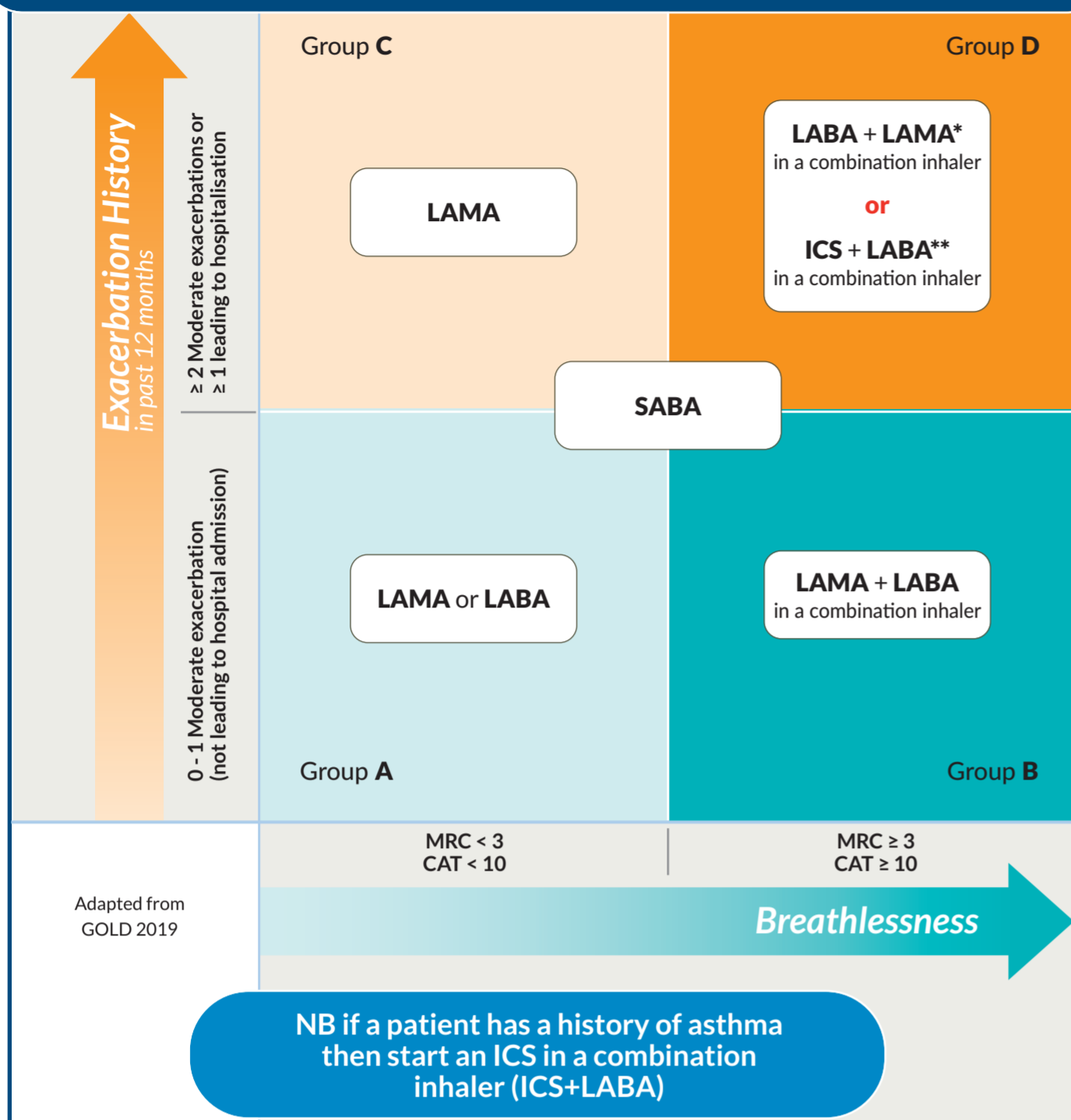


CHRONIC OBSTRUCTIVE PULMONARY DISEASE

Prescribe by brand

Initial Treatment at Diagnosis - ABCD



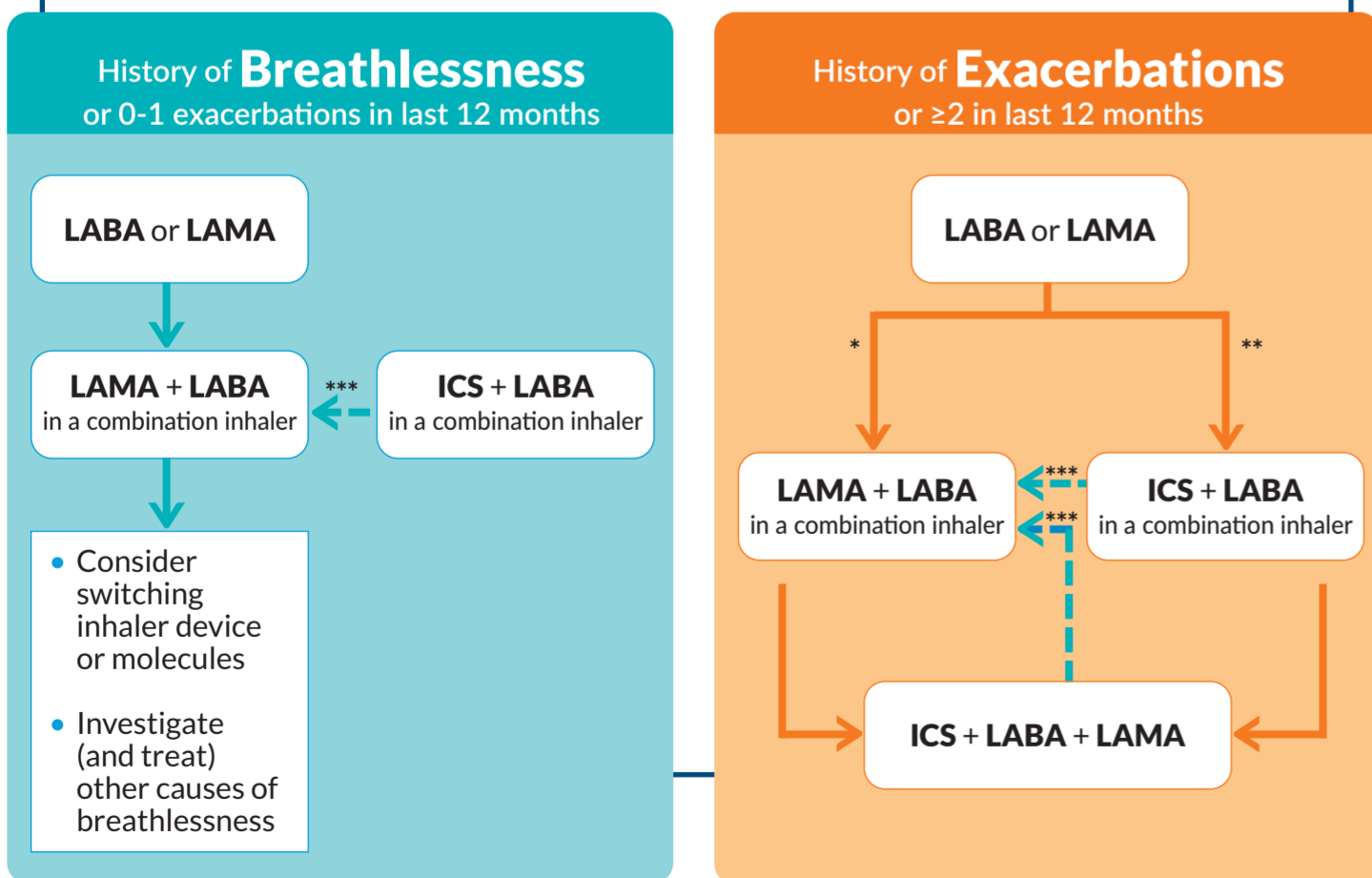
- Flu & Pneumonia Vaccination
- Smoking cessation
- Pulmonary rehabilitation
- Anxiety & depression
- Exercise
- Dietary advice
- Compliance & Inhaler technique
- Use a spacer with an MDI

Follow Up Treatment

(Whether early after Initial Treatment or after years of follow up)

- 1 IF RESPONSE TO INITIAL TREATMENT IS APPROPRIATE - MAINTAIN IT
- 2 IF NOT - see below - ASSESS - ADJUST - REVIEW

These recommendations do not depend on the ABCD Assessment at Diagnosis



* Consider if highly symptomatic
 ** Consider if EOS ≥300 or a history of asthma
 *** Consider de-escalation of ICS or switch if pneumonia, inappropriate original indication or lack of response to ICS

SHORT ACTING BRONCHODILATORS

SABA Short Acting Beta₂ Agonists



Salbutamol MDI
100 micrograms
Two puffs as required
Salbutamol



Salamol Easi-Breathe MDI
100 micrograms
Two puffs as required
Salbutamol



Bricanyl Turbuhaler
500 micrograms
One puff as required
Terbutaline

LONG ACTING BRONCHODILATORS

Prescribe by brand

LAMA Long Acting Muscarinic Antagonist



Spiriva Respimat
2.5 micrograms
Two puffs once daily
Tiotropium



Eklira Genuair
322 micrograms
One puff twice daily
Aclidinium Bromide



Incruse Ellipta
55 micrograms
One puff once daily
Umeclidinium

REMEMBER: when you start a LAMA then STOP SAMA

LAMA + LABA in a combination inhaler



Spiolto Respimat
2.5/2.5
Two puffs once daily
Tiotropium / Olodaterol



Duaklir Genuair
340/12
One puff twice daily
Aclidinium / Formoterol



Anora Ellipta
55/22
One puff once daily
Umeclidinium / Vilanterol

REMEMBER: When you start a LABA+LAMA combination inhaler Then STOP LABA or LAMA in separate inhalers

INHALED CORTICOSTEROIDS (ICS) in a combination Inhaler

Prescribe by brand

ICS + LABA in a combination inhaler



Fostair MDI
100/6
Two puffs twice daily
Beclometasone / Formoterol



Symbicort MDI
200/6
Two puffs twice daily
Budesonide / Formoterol



Symbicort Turbuhaler
400/12
One puff twice daily
Budesonide / Formoterol



Fostair Nexthaler
100/6
Two puffs twice daily
Beclometasone / Formoterol



Relvar Ellipta
92/22
One puff once daily
Fluticasone Furoate / Vilanterol

Licensed if FEV₁ < 50% Licensed if FEV₁ < 70% Licensed if FEV₁ < 50% Licensed if FEV₁ < 70%

ICS + LABA+LAMA in a combination inhaler



Trimbow MDI
87/5/9
Two puffs twice daily
Beclometasone / Formoterol / Glycopyrronium



Trelegy Ellipta
92/55/22
One puff once daily
Fluticasone Furoate / Umeclidinium / Vilanterol

REMEMBER: when you start a (ICS+LABA) or (ICS+LABA+LAMA) in a combination inhaler then STOP LABA & / or LAMA separate inhaler

KEY

SABA - Short Acting Beta₂ Agonist
SAMA - Short Acting Muscarinic Antagonist
LABA - Long Acting Beta₂ Agonist
LAMA - Long Acting Muscarinic Antagonist

ICS - Inhaled Corticosteroids
MDI - Metered Dose Inhaler
EOS - Blood Eosinophil Count

MRC - Medical Research Council Breathlessness Score
CAT - COPD Assessment Test