

# ASTHMA INFORMATION FOR SCHOOLS

NAME

DATE

..... has been seen at the GP surgery today to have his/her asthma reviewed or to be investigated to find out if he/she has asthma.

**This child may have asthma prevention medication that they need to take regularly. This should be taken at home and is not usually needed at school.**

## Medication for school (blue reliever inhaler)

Reliever inhalers work quickly to relax the airways which allows them to open and makes breathing easier. They should be used to relieve asthma symptoms which include:

- **Cough**
- **Wheeze**
- **Tight chest**
- **Difficulty in breathing**

Name of medicine: .....

Type of inhaler device .....

Spacer

tick boxes as appropriate

..... should take:

..... puffs when needed

..... puffs before PE / strenuous exercise

Asthma is a condition that should usually be well controlled and not affect day to day life. However sometimes asthma attacks occur and they can be very serious.

**It is important that staff at school know about all pupils who have asthma.**



**You will know it is an **emergency** if a child with asthma is:**

- **Very breathless**
- **Finding it hard to speak**
- **Feeling faint or frightened**
- **The blue reliever inhaler is not helping them to feel better**

**Inhalers in school should be stored in a place where they can be easily accessed.**

**The Dudley Schools Asthma Policy recommends:**

- Inhalers are stored in the classroom in a place where they are ***visible and accessible***.

*or*

- Inhalers are the responsibility of the child to be kept on their person, in their bag or school tray.

If you have any further questions or concerns please contact your **School Health Advisor**.

**All Dudley School Health Advisors have additional training in asthma.**