

Modified Borg Scale of Perceived Breathlessness

Modified Borg Scale

Scale	Severity
0	No Breathlessness at all
0.5	Very, Very Slight (Just Noticeable)
1	Very Slight
2	Slight Breathlessness
3	Moderate
4	Somewhat Severe
5	Severe Breathlessness
6	
7	Very Severe Breathlessness
8	
9	Very, Very Severe (Almost Maximum)
10	Maximum