

BOD SCORE

	0	1	2	3
FEV1 % Pred.	>/=80% MILD	50-79 MODERATE	30-49 SEVERE	</=30 VERY SEVERE
MRC	0-1	2	3	4/5
BMI (kg.m2)	>21	</=21		

Total BOD Index Score = 0-7

(Adapted from BODE score minus the exercise component of 6 minute walk)

BMI – body mass index

(B)

FEV1% pred. = predicted amount as a percentage of the forced expiratory volume in 1 second.

(O) Obstruction

MRC =medical research council dyspnoea scale

(D) Dyspnoea