The “Oxygen Cost” Diagram

“What can you do before you become short of breath?”

Patient makes a mark on a 10cm line at the point beyond which they become breathless

The oxygen cost diagram is more sensitive to change than the MRC scale - it consists of a 10cm line with everyday activities placed proportionately according to their oxygen cost. Patients place a mark on a 10cm line, beyond which they become breathless. The ability score is the distance in centimetres from the zero point.

Reference